


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p><b>Daylight Saving Time Begins</b> <b>1</b></p> <p>8:30 ★ Personal Prayer Time [CH] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 11:00 ● Movie Matinee/Resident Choice [AR] 1:00 Popcorn Social-Try diff. seasonings [AT/U] 2:00 ● Music-Resident Choice/Social Distancing Recommended [AT]</p>	<p><b>2</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 9:00 ★ Nimble Fingers [TVR] 10:00 ♥ Chair Exercise [AR] 11:30 ★ Knitting and Stitching [AR] 2:00 ● Face Time Calls [AR] 2:30 ★ Medatative Coloring [AR]</p>	<p><b>Election Day</b> <b>3</b></p> <p><b>Support Alzheimer: Wear Purple</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Sitting Exercise [AR] 11:40 ● Popcorn Social-Try diff. seasonings [AT] 2:00 ★ Craft: Gratitude Tree [AR] 4:30 Movie Matinee/Resident Choice</p>	<p><b>4</b></p> <p>8:30 ★ Personal Prayer Time 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Tai-Chi Exercise [AR] 11:00 🇲🇵 Spanish Activities: Loteria Mexican BINGO [AR] 2:00 🇲🇵 Games of Cards [AR/U] 3:00 🇲🇵 Aqua Water Fitness [PL] 4:00 Scrabble [AR]</p>	<p><b>Name Tag &amp; Pink Day</b> <b>5</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Exercise [AR] 2:00 ● Happy Hour Cocktail cart [BR] 2:00 🇲🇵 Poker Game [AR] 4:00 🇲🇵 Jigsaw Puzzles [AR] 5:00 ♥ Sudoku and Crossword Puzzles [AR]</p>	<p><b>Support Our Troops: Wear Red</b> <b>6</b></p> <p>8:30 ★ Personal Prayer 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Chair Yoga [AR] 11:00 🇲🇵 Bean Bag Baseball [AT] 2:00 🇲🇵 Prize Bingo [AR] 3:00 🇲🇵 Prize Bingo [AR] 4:30 ● Movie Matinee/Resident Choice</p>	<p><b>7</b></p> <p>8:30 ● Saturday Coffee &amp; Donuts [AT] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 1:30 ● Popcorn Social-Try diff. seasonings [AT] 3:00 ★ Movie Matinee/Resident Choice</p>			
<p><b>8</b></p> <p>8:30 ★ Personal Prayer Time [CH] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 11:00 ● Movie Matinee/Resident Choice [AR] 1:00 Popcorn Social-Try diff. seasonings [AT/U] 2:00 ● Music-Resident Choice/Social Distancing Recommended [AT]</p>	<p><b>9</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 9:00 ★ Nimble Fingers [TVR] 10:00 ♥ Chair Exercise [AR] 11:30 ★ Knitting and Stitching [AR] 2:00 ● Face Time Calls [AR] 2:30 ★ Medatative Coloring [AR]</p>	<p><b>Support Alzheimer: Wear Purple</b> <b>10</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Sitting Exercise [AR] 11:00 🇲🇵 Veterans Hour/ [CH] 11:40 ● Popcorn Social-Try diff. seasonings [AT] 2:00 ★ Craft: Gratitude Tree [AR] 4:30 Movie Matinee/Resident Choice</p>	<p><b>Veterans Day</b> <b>11</b></p> <p>8:30 ★ Personal Prayer Time 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 9:00 ★ Veterans Presentation [O] 10:00 ♥ Tai-Chi Exercise [AR] 11:00 🇲🇵 Spanish Activities: Loteria Mexican BINGO [AR] 11:30 Veterans Luncheon [DR] 2:00 🇲🇵 Games of Cards [AR/U] 3:00 🇲🇵 Aqua Water Fitness [PL] 4:00 Scrabble [AR]</p>	<p><b>Name Tag &amp; Pink Day</b> <b>12</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Exercise [AR] 10:30 ● Chef Chat w/Victor [DR] 2:00 ● Happy Hour Cocktail cart [BR] 2:00 🇲🇵 Poker Game [AR] 4:00 🇲🇵 Jigsaw Puzzles [AR] 5:00 ♥ Sudoku and Crossword Puzzles [AR]</p>	<p><b>Support Our Troops: Wear Red</b> <b>13</b></p> <p>8:30 ★ Personal Prayer 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Chair Yoga [AR] 11:00 🇲🇵 Bean Bag Baseball [AT] 2:00 🇲🇵 Prize Bingo [AR] 3:00 🇲🇵 Prize Bingo [AR] 4:30 ● Movie Matinee/Resident Choice</p>	<p><b>14</b></p> <p>8:30 ● Saturday Coffee &amp; Donuts [AT] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 1:30 ● Popcorn Social-Try diff. seasonings [AT] 3:00 ★ Movie Matinee/Resident Choice</p>			
<p><b>15</b></p> <p>8:30 ★ Personal Prayer Time [CH] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 11:00 ● Movie Matinee/Resident Choice [AR] 1:00 Popcorn Social-Try diff. seasonings [AT/U] 2:00 ● Music-Resident Choice/Social Distancing Recommended [AT] 2:30 ● Coffee Chat w/Executive Director Leslie [LB]</p>	<p><b>16</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 9:00 ★ Nimble Fingers [TVR] 10:00 ♥ Chair Exercise [AR] 11:30 ★ Knitting and Stitching [AR] 2:00 ● Face Time Calls [AR] 2:30 ★ Medatative Coloring [AR]</p>	<p><b>Support Alzheimer: Wear Purple</b> <b>17</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Sitting Exercise [AR] 11:40 ● Popcorn Social-Try diff. seasonings [AT] 2:00 ★ Craft: Gratitude Tree [AR] 4:30 Movie Matinee/Resident Choice</p>	<p><b>18</b></p> <p>8:30 ★ Personal Prayer Time 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Tai-Chi Exercise [AR] 11:00 🇲🇵 Spanish Activities: Loteria Mexican BINGO [AR] 2:00 🇲🇵 Games of Cards [AR/U] 2:00 Turkey painting [AR] 3:00 🇲🇵 Aqua Water Fitness [PL] 4:00 Scrabble [AR]</p>	<p><b>Name Tag &amp; Pink Day</b> <b>19</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Exercise [AR] 2:00 ● Chesse &amp; Wine-Art Painting [AR] 2:00 🇲🇵 Poker Game [AR] 4:00 🇲🇵 Jigsaw Puzzles [AR] 5:00 ♥ Sudoku and Crossword Puzzles [AR]</p>	<p><b>Support Our Troops: Wear Red</b> <b>20</b></p> <p>8:30 ★ Personal Prayer 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Chair Yoga [AR] 11:00 🇲🇵 Bean Bag Baseball [AT] 2:00 🇲🇵 Prize Bingo [AR] 3:00 🇲🇵 Prize Bingo [AR] 4:30 ● Movie Matinee/Resident Choice</p>	<p><b>21</b></p> <p>8:30 ● Saturday Coffee &amp; Donuts [AT] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 1:00 Cooking w/ Miriam [AR] 1:30 ● Popcorn Social-Try diff. seasonings [AT] 3:00 ★ Movie Matinee/Resident Choice</p>			
<p><b>22</b></p> <p>8:30 ★ Personal Prayer Time [CH] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 11:00 ● Movie Matinee/Resident Choice [AR] 1:00 Popcorn Social-Try diff. seasonings [AT/U] 2:00 ● Music-Resident Choice/Social Distancing Recommended [AT]</p>	<p><b>23</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 9:00 ★ Nimble Fingers [TVR] 9:30 Exercise of the Day/Look Around 10:00 ♥ Chair Exercise [AR] 11:30 ★ Knitting and Stitching [AR] 2:00 ● Face Time Calls [AR] 2:30 ★ Medatative Coloring [AR]</p>	<p><b>Support Alzheimer: Wear Purple</b> <b>24</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Sitting Exercise [AR] 11:40 ● Popcorn Social-Try diff. seasonings [AT] 2:00 ★ Craft: Gratitude Tree [AR] 4:30 Movie Matinee/Resident Choice</p>	<p><b>25</b></p> <p>8:30 ★ Personal Prayer Time 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Tai-Chi Exercise [AR] 11:00 🇲🇵 Spanish Activities: Loteria Mexican BINGO [AR] 2:00 🇲🇵 Games of Cards [AR/U] 3:00 ★ 1st Pres. Church Service [CH] 3:00 🇲🇵 Aqua Water Fitness [PL] 4:00 Scrabble [AR]</p>	<p><b>Name Tag &amp; Pink Day</b> <b>Thanksgiving</b> <b>26</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Band and Ball Exercise [AR] 2:00 ● Happy Hour Cocktail cart [BR] 2:00 🇲🇵 Poker Game [AR] 4:00 🇲🇵 Jigsaw Puzzles [AR] 4:30 ● Activity Mtg. [AR] 5:00 ♥ Sudoku and Crossword Puzzles [AR]</p>	<p><b>Support Our Troops: Wear Red</b> <b>27</b></p> <p>8:30 ★ Personal Prayer 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 10:00 ♥ Chair Yoga [AR] 11:00 🇲🇵 Bean Bag Baseball [AT] 2:00 🇲🇵 Prize Bingo [AR] 3:00 🇲🇵 Prize Bingo [AR] 4:30 ● Movie Matinee/Resident Choice</p>	<p><b>28</b></p> <p>8:30 ● Saturday Coffee &amp; Donuts [AT] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 1:30 ● Popcorn Social-Try diff. seasonings [AT] 3:00 ★ Movie Matinee/Resident Choice</p>			
<p><b>29</b></p> <p>8:30 ★ Personal Prayer Time [CH] 9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 11:00 ● Movie Matinee/Resident Choice [AR] 1:00 Popcorn Social-Try diff. seasonings [AT/U] 2:00 ● Music-Resident Choice/Social Distancing Recommended [AT]</p>	<p><b>30</b></p> <p>9:00 ♥ Daily Temperatures Checks @ Concierge Desk 9:00 ♥ Morning Walk Around the Community, Social Distancing Recommended [O/U] 9:00 ★ Nimble Fingers [TVR] 9:30 Exercise of the Day/Look Around 10:00 ♥ Chair Exercise [AR] 11:30 ★ Knitting and Stitching [AR] 2:00 ● Face Time Calls [AR] 2:30 ★ Medatative Coloring [AR]</p>	<div style="text-align: center;">  <p><b>SOLSTICE</b> SENIOR LIVING AT LAS CRUCES</p> <p><b>151 North Roadrunner Parkway</b> Las Cruces, NM 88011 575-522-4219</p> </div>					<p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>Activity Room</li> <li>Activity Room/Unhosted</li> <li>Atrium</li> <li>Atrium/Unhosted</li> <li>Billiard Room</li> <li>Chapel</li> <li>Dining Room</li> <li>Library</li> <li>Outside</li> <li>Outside/Unhosted</li> <li>Pool</li> <li>TV Room</li> </ul>	<ul style="list-style-type: none"> <li>AR</li> <li>AR/U</li> <li>AT</li> <li>AT/U</li> <li>BR</li> <li>CH</li> <li>DR</li> <li>LB</li> <li>O</li> <li>O/U</li> <li>PL</li> <li>TVR</li> </ul>	<ul style="list-style-type: none"> <li>🇲🇵 Be Challenged</li> <li>● Be Connected</li> <li>👥 Be Family</li> <li>★ Be Inspired</li> <li>🦋 Be Social</li> <li>♥ Be Well</li> </ul>